

5 Saisons - Outremont	1180 Rue Bernard Ouest	Montreal	QC	H2V1V3	1 (514) 276-1244
A Basket Case	11520 24 St. SE	Calgary	AB	T2Z3V7	1 (403) 279-2102
A Yellow Flower Basket	50 Front St. N	Thorold	ON	L2V 1X5	1 (905) 227-4051
AG Didsbury	2405 20th St.	Didsbury	AB	T0M 0W0	1 (403) 335-9595
Alexina Epicerie Fine	172 Grande-allée Est	Grande-Rivière	QC	G0C1V0	1 (418) 385-1316
Alexis Le Gourmand	1407 St. Jacques	Montreal	QC	H3 C 1H2	1 (514) 574-5388
Algonquin College Book Store	1385 Woodroffe Ave	Ottawa	ON	K2G 1V8	1 (613) 276-2838
Almonte Natural Food Center	12 Mill St	Almonte	ON	K0A 1A0	1 (613) 256-1833
Amie's Gift Shop	12994 Keele St.	King City	ON	L7B1H8	1 (905) 833-1777
Arctic Co-op	321 Old Airport	Yellowknife	NT	X1A 3T3	1 (867) 873-5770
Aubergine Foods	1308 Gladstone Ave	Victoria	BC	V8R 1S1	1 (250) 812-2750
B&H Your Community Grocer	301 Rideau St	Kemptville	ON	K0G 1J0	1 (613) 258-3014
Balderson Village Cheese & Country Store	1410 Hwy 511	Balderson	ON	K0G 1A0	1 (613) 267-4492
Basket Revelation	20239 Industrial Ave.	Langley	BC	V3A 4K6	1 (604) 514-8315
Baskets in the Park	220 Lakeland Drive	Sherwood Park	AB	T8H 0N6	(1) 780-417-3340
Baskits Inc.	750 Birchmount Rd.	Scarborough	ON	M1K 5H7	1 (416) 755-1100
Battaglia Market Place	1150 Lorne Park Rd	Mississauga	ON	L5H 3A5	1 (905) 271-3994
Beach Road Meats & Deli	205 Locke St S	Hamilton	ON	L8P 4B5	1 (905) 544-0533
Bell Pastry & Deli	400 Cumberland St.	Ottawa	ON	K1N 8X3	1 (613) 241-3303
Bennett's Apple & Cider Ltd.	944 Garner Rd. E	Ancaster	ON	L9G 3K9	1 (905) 648-6878
Beyond Baskets	1250 Stewart Ave.	Nanaimo	BC	V9S 4C9	1 (516)-334-7900
Bières & Saveurs	65 St. Louis	Victoriaville	QC	G6 P 3P6	1 (819) 604-1304
Bill'S Country Meats	11 Main St. E.	Drayton	ON	N0G 1P0	1 (519) 638-5549
Bloor Meat Market	2283 Bloor St. W	Toronto	ON	M6S 1P1	1 (416) 767-2105
Bloorstreet Market	55 Bloor St. W	Toronto	ON	M4W 1A5	1 (416) 923-8831
Bonbons And Bows	100 Hanlan Rd., Unit 11A	Woodbridge	ON	L4L 4V8	1 (905) 695-2697
Bragg Creek Family Foods	22 Balsam Ave	Bragg Creek	AB	T0L 0K0	1 (403) 949-3747
Bridgeland Market	1104 1st St. Ave NE	Calgary	AB		403-263-5922
Broadway Farms	12506 Heartlake Rd.	Caledon	ON	L7C 2J3	1 (905) 843-0225
Bruce's Country Market	23963 Lougheed Hwy	Maple Ridge	BC	V2W 1J1	1 (604) 463-9817
Bruno's Fine Foods	9665 Bayview Ave.	Richmond Hill	ON	L4C 9V4	1 (905) 737-4280
Buckingham Meat Co. Inc.	200 Carnwith Drive East	Brooklin	ON	L1M 0A1	1 (905) 620-0300
Buckingham Meat Market	28 Buckingham Ave.	Oshawa	ON	L1G 2K5	1 (905) 725-2213
Budget Foods	126 4857 Elliot St.	Delta	BC		604-946-5450
BUY & SAVE FOODS #460	489 WALLACE STREET	HOPE	BC	V0X 1L0	(604)869-5318
Calabria	139 Scurfield Blvd.	Winnipeg	MB	R3Y 1L6	1 (204) 487-1700

Candy Bouquet	12 Perron St.	St Albert	AB	T8N 1E4	(1) 780-459-7022
Capers Whole Foods	2285 W 4th Ave.	Vancouver	BC	V6K 1N9	1 (604) 739-6640
Casa Leone Bakery And Deli	158 Hartzel Rd	St. Catharines	ON	L2P 1N9	1 (905) 685-4543
Caveau Le	4501 Route 117	Ste Agathe	QC	J8C2Z8	1 (819) 326-2809
Cheddar Et Cetera	900 Watters Rd.	Orleans	ON	K4A 0B4	1 (613) 830-8850
Cheese Boutique	45 Ripley Ave	Toronto	ON	M6s 3P2	1 (416) 762
Choices In The Crest	8683 10Th Ave.	Burnaby	BC	V3N 2S9	1 (604) 522-0936
Choices Market	1937 Harvey Ave.	Kelowna	BC	V1Y 6G5	1 (250) 862-4864
Choices Market	3493 Cambie St.	Vancouver	BC	V5Z 2W7	1 (604) 875-0099
Choices Market	2627 W. 16 Ave	Vancouver	BC	V6K 3C2	1 (604) 736-0009
Choices Market	1888 West 57Th Ave	Vancouver	BC	V6P 1T7	1 (604) 263-4600
Choices Market	1202 Richards St.	Vancouver	BC	V6B 3G2	1 (604) 633-2392
Choices Market	3248 King George Hwy	Whiterock	BC	V4P 1A5	1 (604) 541-3902
Clancy's Grande Prairie	107-10712 78th Ave	Grande Prairie	AB	T8W 0G9	1 (780) 933-9755
Clancy's Meat Co.	45800 Promontory Rd.	Chilliwack	BC	V2R 5Z5	1 (604) 846-4335
Clancy's Meat Co.	5512 Tudor Glen Mkt.	St. Albert	AB	T6R 3L6	1 (780) 910-8648
Clayton's Heritage Market	5755 Cowrie St.	Sechelt	BC	V0N 3A0	1 (604) 885-2025
Cloverleaf Farms Food Outlet & Deli	4-3589 Bleams Rd	New Hamburg	ON	N3A 2J1	1 (519) 662-9225
Coaldale Food Market	1903 20 Ave	Coaldale	AB	T1M 1N1	(1) 403-345-4757
Coles Florist	147 Main St. E	Grimsby	ON	L3M 1P2	1 (800) 461-7374
Commisso's Fresh Foods	6161 Thorold Stone Rd.	Niagara Falls	ON	L2J 1A4	1 (905) 357-6600
Cooke's Old World Shop	61 Brock St.	Kingston	ON	K7L 4V6	1 (613) 548-7721
Cornucopia Canada Inc	85 Rue de Castelnau	Montreal	QC	H2R2W3	1 (514) 276-4712
Country Food Mart	403 Centre Ave W	Black Diamond	AB	T0L 0H0	
Courtland Bakery	217 Main St	Courtland	ON	N0J 1E0	1 (519) 688-2023
Cousin's Foods	1187 Hurontario St	Mississauga	ON	L5G 3H2	1 (905) 278-7575
Cranberry Corners	928 Walkley Rd	Ottawa	ON	K1V 6R5	1 (613) 733-2828
Cristello's Village Market	35 Crawford Cres	Campbellville	ON	L0P 1B0	1 (905) 854-2554
Dalesio's Food Market	399 Greenhill Ave	Hamilton	ON	L8K 6N5	1 (905) 561-2221
Dana Short Gourmet	55 Erb St.	Waterloo	ON	N2J 4K8	1 (519) 880-1555
David's Gourmet	25 Bruce St.	Kitchener	ON	V6B 3L9	1 (519) 404-9146
De Mille Sweet Corn & Produce	3710 10th Ave. SW	Salmon Arm	BC	BC V1E	1 (250) 832-7550
Deep Cove Market	10940 West Saanich Rd.	North Saanich	BC	V8L 5R9	1 (250) 656-2547
Denninger's	699 Guelph Line	Burlington	ON	L7R 3M7	1 (905) 639-0510
Denninger's	2 King St. West	Hamilton	ON	L8P 1A1	1 (905) 525-9641
Denninger's	284 King St. E	Hamilton	ON	L8N 1B7	1 (905) 528-8468

Denninger's	1289 Upper James St.	Hamilton	ON	L9C 3B3	1 (905) 389-4113
Denninger's	826 Queenston Rd.	Stoney Creek	ON	L8G 4A8	1 (905) 662-5237
Derek Roberts Country Store	430 Pine St.	Waubauskene	ON	L0K 2C0	1 (705) 325-4625
Diabetic Depot	3905 17 Ave. Southwest	Calgary	AB	T3E 3C9	1 (403) 240-4486
Don Belvedere Fleuriste	4160 Blvd. Thimens	St-Laurent	QC	H4R2B9	1 (514) 735-6166
Dragon Fly Creations	1611 14 St. Southwest	Calgary	AB	T3C 1E3	1 (403) 209-8609
Drayton Food Market	90 Wellington St. S	Drayton	ON	N0G 1P0	1 (519) 638-2041
Drayton Valley IGA	4341 50 St.	Drayton Valley	AB	T7A1S7	1 (780) 542-4644
Dutch Mill Country Market	533 Millgrove Sdrd	Rockton	ON	L0R 2H0	1 (905) 689-7253
Dyment Farms	416 Fallsview Rr	Dundas	ON	L9H 5E2	1 (905) 628-5270
Eden W. Fine Foods & Gifts	2500 St.Johns St.	Port Moody	BC	V3H 2B4	1 (604) 939-6200
EDGEMONT MARKET	3230 CONNAUGHT CRESCENT	NORTH VANCOUVER	BC		604-987-7917
Epicerie Europeenne	1451 Rue Laurier Est	Montreal	QC	H2J1H8	1 (514) 522-9993
Esso Gas Station	8214 Lundy'S Lane	Niagara Falls	ON	L2H 1H1	1 (905) 357-5221
Euro Deli	161 boul. Maple	Chateauguay	QC	J6J3R1	1 (450) 699-0409
Euro Deli	115 rue St-Pierre	St. Constant	QC	J5 A 2G9	1 (450) 632-8085
EUROPEAN SPECIALTY'S IMPORTERS	220 PRIOR ST.	VANCOUVER	BC		(604)688-9528
Falher IGA	968 Main St.	Falher	AB	T0H 1M0	1 (780) 837-2074
Farmer'S Daughter	118 Hwy 60	Huntsville	ON	P1H 1C2	1 (705) 789-5700
Fonthill Pharmacy	165 Hwy 20 W.	Fonthill	ON	L0S 1E0	1 (905) 892-4994
Food Fare	905 Portage Ave.	Winnipeg	MB	R3G 0P3	1 (204) 987-8841
Food Town	36 Main St. N	Milverton	ON	N0K 1M0	1 (519) 595-8898
Foodland	456 Vodden St. E	Brampton	ON	L6S 5Y7	1 (905) 453-3100
Foodland	456 Vodden St. E.	Brampton	ON	L6S 5Y7	1 (905) 453-3100
Foodland	8251 Dock St.	Chippawa	ON	L2G 7G7	1 (905) 295-6133
Foodland	1349 Meadow Drive	Greely	ON	ON K4P	1 (613) 821-3016
Foodland	32 King St. E	Hagersville	ON	N0A 1H0	1 (905) 768-3000
Foodland	236 10Th St.	Hanover	ON	N4N 3C3	1 (519) 364-2891
Foodland	11 Sykes St. N	Meaford	ON	N4L 1V6	1 (519) 538-9107
Foodland	6777 Morrison St.	Niagara Falls	ON	L2E 2G5	1 (905) 356-1182
Foodland	6777 Morrison St	Niagara Falls	ON	L2E 2G5	1 (905) 356-1182
Foodland	436 Queen St N	Paisley	ON	N0G 2N0	1 (519) 353-5622
Foodland	32 Main St	Ridgetown	ON	N0P 2C0	1 (519) 583-9195
Foodland	17250 Hwy 27	Schomberg	ON	L0G 1T0	1 (905) 939-2313
Foodland	176 Griffin St.	Smithville	ON	L0R 2A0	1 (905) 957-7015
Foodland	9 Pine St. N	Thorold	ON	L2V3Z9	1 (905) 227-0533

Foodland	3357 King St	Vineland	ON	L0R 2C0	1 (905) 562-5881
Foodland	100 David St.	Wingham	ON	N0G 2W0	1 (519) 357 -3507
Foodport	575 Ontario St.	Milton	ON	L9T 2N2	1 (905) 876-4428
Foodsmith's	106 Wilson St. W	Perth	ON	K7H 2P3	1 (613) 267-5409
Frais De La Ferme	109 Ch. De La Grande Cote	Boisbriand	QC	J7G1C1	1 (450) 437-4774
Fred's Farm Fresh Ltd.	3336 Huron Church Rd.	Windsor	ON	N9E 4H8	1 (519) 966-2241
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Fresh & Wild Food Market	2294 Bloor St. W	Toronto	ON	M6S 1N9	1 (416) 769-2857
Fresh & Wild Food Market	69 Spadina Ave.	Toronto	ON	M5R 2T1	1 (416) 923-5815
Fresh Kitchen-37th Ave	2431 37th Ave. NE	Calgary	AB	T2T2M7	1 (403) 452-2778
Fresh Kitchen-42nd Ave	2042 42nd Ave.	Calgary	AB	T2T2M7	1 (403) 214-7771
Fresh Take Home	102-4910 Roblyn Blvd.	Winnipeg	MB	R3R 0G7	1 (204) 663-7374
Friends of Sainte-Marie	16164 Hwy 12	Midland	ON	L4R 4K8	1 (705) 526-7838
Fromagerie Beaubien	1001 Beaubien est	Montréal	QC	H2 S 1T3	1 (514) 903-0932
Gala Grocery	750 Queenston Rd	Hamilton	ON	L8G 1A4	1 (905) 573-4531
Garden Retreat	201-60 Ave Sw	Calgary	AB	T2H 0B1	1 (403) 255-7097
Ger'i's Eatin' Center	1875 Leslie St.	Toronto	ON	M3B 2M5	1 (416) 445-5504
Gianetto's	290 King St.	Midland	ON	L4R 3M6	1 (705) 526-2761
Gib & Kim's Grocery	507 Princess St.	Kingston	ON	K7L 1C6	1 (613) 548-7638
Gilly's Snug Harbour Restaurant	138 Snug Harbour Rd.	Snug Harbour	ON	K9V 4R6	1 (705) 342-5552
GJ Andrews	384 Academy Rd.	Winnipeg	MB	R3M 0G1	1 (204) 487-7300
Glenburnie Grocery	2454 Perth Rd.	Glenburnie	ON	K0H 1S0	1 (613) 542-6234
Global Village Market	948 King St. W	Hamilton	ON	L8S 1K8	1 (905) 529-8552
Goeman Lakeshore Meat	33 Lakeshore Rd	St. Catharines	ON	L2N 7B3	1 (905) 937-1482
Grand Oak Culinary Market	4600 Victoria Ave.	Vineland	ON	L0R2E0	1 (289) 567-0487
Granda Lambe's Fruit Market	Hwy 26 East	Meaford	ON	N4L 1W7	1 (519) 538-2757
Granite Club	2350 Bayview Ave	Toronto	ON	M2L 1E5	1 (416) 449-8713
Griesser Spoon	702 Bow Valley Trail	Canmore	AB	T1W 2H4	1 (403) 678-3637
Hagensborg Mercantile	1801 Hwy 20	Hagensborg	BC		250-982-2637
Harvest Barn Of Niagara	1822 Niagara Stone Rd.	Niagra Falls	ON	L0S 1J0	1 (905) 468-3224
Harvet Wagon	1103 Yonge St.	Toronto	ON	M4W 2L7	1 (416) 923-7542
Henderson Pharmasave	15 Front St.	Thorold	ON	L2V 1W8	1 (905) 227-2511
Heringers Olde Fashioned Qlty Meats	12251 #1 Rd.	Richmond	BC	V7E 1T6	1 (604) 274-6328
Highland Farms	50 Matheson Blvd	Mississauga	ON	L4Z1N5	1 (905) 501.9910
Highland Farms	4750 Dufferin St.	North York	ON	M3H5S7	1 (416) 736-6606
Highland Farms	850 Ellesmere Rd.	Scarborough	ON	M1P2W5	1 (416) 298-1999

Highland Farms	148 Bennett Rd.	Scarborough	ON	M1E3Y3	1 (416) 282-5759
Highland Farms	3300 Rutherford Ave.	Vaughan	ON	L4K5Z2	1 (905) 303-3999
Hornby Island Co-OP	5875 Central Rd.	Hornby Island	BC		250-335-1121
Howard The Butcher's Meat & Deli	15980 Airport Rd.	Caledon East	ON	L7C 1E8	1 (905) 584-2934
I.G.A Market Place	9100 Blundell Rd	Richmond	BC		604-244-7425
I.G.A. MARKET PLACE #112 - Peachland	5500 Clements Crescent	PEACHLAND	BC		250-767-9110
I.G.A. MARKET PLACE #39 - West 4th	3515 WEST 4TH AVENUE	VANCOUVER	BC		604-732-3950
IGA Market Place	4469 Kingsway	Burnaby	BC	V5H 1Z9	1 (604) 437-3220
IGA Market Place	1410 Parkway Blvd.	Coquitlam	BC	V3E 3J7	1 (604) 464-8506
IGA Market Place	1100 Highway 101	Gibsons	BC	V0N 1V0	1 (604) 886-3487
IGA Market Place	1940 Kane Rd.	Kelowna	BC	V1V 2J9	1 (250) 868-3009
IGA Market Place	20159 88th Ave.	Langley	BC	V1M 0A4	1 (604) 882-8411
IGA Market Place	1025 W. Columbia St.	New Westminster	BC	V3M 1C4	1 (604) 520-1051
IGA Market Place	1300 Boul. Ste. Adele	Ste Adele	QC	J2B2N5	1 (450) 229-4256
IGA Market Place	15127 Hwy 10	Surrey	BC	V3S 9A5	1 (604) 575-1488
IGA Market Place	3535 West 41st Ave	Vancouver	BC		604-261-2423
IGA Market Place	909 Burrard St.	Vancouver	BC	V6Z 2N2	1 (604) 605-0612
IGA Market Place	2949 Main St.	Vancouver	BC	V5T 3G4	1 (604) 873-8377
IGA Market Place	4330 Northland Blvd	Whistler	BC	V0N 1B4	1 (604) 938-2850
Imaginations Fine Foods	301 Main St.	Port Dover	ON	N0A 1N0	1 (519) 583-9195
Inglewood General Store	15596 McLaughlin Rd.	Caledon	ON	L0N 1K0	1 (905) 838-4386
Inno Bakery	2332 Marpole Ave	Port Coquitlam	BC	V3C 2A2	1 (604) 552-1722
ISABEL CREEK STORE	3219 WHARF STREET BOX 193	QUEEN CHARLOTTE CIT	BC		(250)559-8623
J. P. Forte Inc.	106 Winniett St.	Brantford	ON	N3T 1L4	1 (519) 759-8181
Jack & Jill Farms	Hwy 28 & 507 3001 Lakefield	Lakefield	ON	K9J 6S5	1 (705) 652-6055
Jerry's Supermarket	1398 Danforth Ave.	Toronto	ON	M4J 1M9	1 (416) 461-0279
Joe'S Valu-Mart	311 Gorham Rd	Ridgeway	ON	L0S 1N0	1 (905) 894-5266
Joes Farm Market	1251-56 street	Tsawwassen	BC		604-943-7736
John Henry's Marina	4907 Pool Lane	Garden Bay	BC	V0N 1S0	1 (604) 883-2253
Jolly Goods Candy Store	24 High St.	Calgary	AB	T2Z3T8	1 (403) 225-4007
Joly Foods	8910 99 St.	Edmonton	AB	T6E 3V4	1 (780) 433-7297
Jones Bakery - Caledonia	26 Argyle St. S	Caledonia	ON	N3W 1E5	1 (905) 765-2036
Jubilee Pharmasave	1775 Fort St.	Victoria	BC	V8R 1J3	1 (250) 595-1471
Kardish Specialty Foods	3659 Richmond Rd.	Nepean	ON	K2H 8X3	1 (613) 224-1414
Kasseler Food Products Inc.	1031 Brevik Place	Mississauga	ON	L4W 3R7	1 (905) 629-2142
Keewatin Place	1007 Hwy 17 W	Keewatin	ON	P0X 1C0	1 (807) 547-2222

Killbear Marina	31 Pengally Bay Rd	Nobel	ON	P0G 1G0	1 (705) 342-5203
Kings Meat & Deli	600 Ontario St.	St. Catharines	ON	L2N 7H8	1 (905) 646-2466
Kingsland Farmers Market	7711 Macleod Trail S	Calgary	AB	T2H 0M1	(1) 403-255-3276
Kits Food Mart	1575 Yew St.	Vancouver	BC	V6K 3E5	1 (604) 731-1441
L & M Foodland	181 Geddes St	Elora	ON	N0B 1S0	1 (519) 846-0470
La Cuisine B	955 Rt. Jean-Gauvin	QC	QC	G1X4M5	
La Grotta	1360 Taylor Ave.	Winnipeg	MB	R3M 3Z1	1 (204) 982-9461
La Maison Bisson	2 boul. des Grives	Gatineau	QC	J9A2X1	1 (819) 722-0702
Lake Superior Market	72 Peninsula Rd.	Marathon	ON	P0T 2E0	1 (807) 229-8686
Lakeview Fine Foods	3404 Hill Ave.	Regina	SK	S4S 0W9	1 (306) 586-5222
Lambie'S Choice Cuts	82 Clarence,	Port Colborne	ON	L3K 3G3	1 (905) 835-9138
L'Amie De La Sante	230 Main St. E	Hawkesbury	ON	K6A1A5	1 (613) 632-2997
Langley Farm Market	22621 Lougheed Hwy	Maple Ridge	BC	V2X 2Y4	1 (604) 466-0281
Langley Farm Market	12438 Harris Rd.	Pitt Meadows	BC	V3Y 2J5	1 (604) 460-7122
Latina	185 Rue Saint-Viateur Ouest	Montreal	QC	H2T2L4	1 (514) 273-6561
Lazar Bakery & Deli	325 Central Pky W	Mississauga	ON	L5B 3X9	1 (905) 896-1040
Le Caveau	4501 Rt. 117	Sainte-Agathe-Nord '	QC	J8C2Z8	1 (819) 326-2809
Le Coin des Gourmets	523 Chemin Ozias-Leduc	Otterburn Park	QC	J3 H 4A7	1 (450) 536-1001
Le Fruitier D'Auteuil	5555 Boul. Des Laurentides	Auteuil	QC	H7K2K4	1 (450) 628-2051
Le Maitre Boucher	5719 Ave. Monkland	Montreal	QC	H4A1E7	1 (514) 487-1437
Le Panier	300 Lakeshore Rd.	Pointe Claire	QC	H9S4L3	1 (514) 695-7038
Lepp Farm Market	33955 Clayburn Rd.	Abbotsford	BC	V2S 7Z1	1 (604) 851-5377
Les Mercredis	199 Boul. Labelle	Rosemère	QC	J7 A 2H2	1 (450) 437-3544
Les Passions de Manon	1660 des Cascades Ouest	St-Hyacinthe	QC	J2S3H7	1 (450) 250-6423
Les Saveurs Folles	84 Rue Perreault Est.	Rouyn-Noranda	QC	J9X 3C2	1 (819) 797-8484
Lincoln Line Orchards	9764 Regional Rd. 20	Smithville	ON	L0R 2A0	1 (905) 643-2205
Loblaw	200 Bullock Drive	Markham	ON	L3P 1W2	1 (905) 294-4922
Loblaw	250 Lakeshore Rd. W	Mississauga	ON	L5H 1G3	1 (905) 271-9925
Loblaw	59 Robertson Rd.	Nepean	ON	K2H 5Y9	1 (613) 829-9770
Loblaw	4849 Blvd. St-Jean	Pierrefonds	QC	H9H 2A9	1 (514) 624-6369
Loblaw	10909 Yonge St.	Richmond Hill	ON	L4C 3E3	1 (905) 737-1222
Loblaw	60 Carleton St.	Toronto	ON	M5B 1J2	1 (416) 593-6154
Loblaw	2877 Bayview Ave.	Toronto	ON	M2K 2S3	1 (416) 733-1783
Loblaw	50 Musgrave St.	Toronto	ON	M4E 3W2	1 (416) 694-3838
Loblaw	10 Lower Jarvis St.	Toronto	ON	M5E 1Z2	1 (416) 304-0611
Loblaw	11 Redway Rd.	Toronto	ON	M4H 1P6	1 (416) 425-5516

Loblaw	396 St Clair Ave. West	Toronto	ON	M5P 3N3	1 (416) 651-5166
London Road Market Ltd	538 13 St S	Lethbridge	AB	T1J 2W3	
Longo's	650 Wellington St. E	Aurora	ON	L4G 0K3	1 (905) 726-7928
Longo's	7700 Hurontario St	Brampton	ON	L6Y 4M3	1 (905) 455-3135
Longo's	1225 Fairview St	Burlington	ON	L7S 1Y3	1 (905) 637-3804
Longo's	2900 Walkers Line	Burlington	ON	L7M 4M8	1 (905) 331-1645
Longo's	2810 Major Mackenzie	Maple	ON	L6A 1R8	1 (905) 417-0207
Longo's	98 Copper Creek Dr	Markham	ON	L6B 0P2	1 (905) 209-7655
Longo's	3085 Highway #7	Markham	ON	L3R 0J5	1 (905) 479-8877
Longo's	1079 Maple Ave.	Milton	ON	L9T 0A5	1 (555) 555-5555
Longo's	5636 Glen Erin Dr	Mississauga	ON	L5M 6B1	1(905) 567-4450
Longo's	1891 Rathburn Rd E	Mississauga	ON	L4W 3Z3	1 (905) 629-8583
Longo's	3163 Winston Churchill Blvd	Mississauga	ON	L5L 2W1	1 (905) 828-0008
Longo's	3455 Wyecroft RD	Oakville	ON	L6L 0B1	1 (905) 825-8989
Longo's	338 Dundas St	Oakville	ON	L6H 6Z9	1 (905) 257-5633
Longo's	10860 Yonge St.	Richmond Hill	ON	L4C 3E4	1 (905) 770-7029
Longo's	7355 Bayview Ave	Thornhill	ON	L3T 5Z2	1 (905) 882-4646
Longo's	100 Bloor St. E	Toronto	ON	M4W 1A7	1 (416) 922-4797
Longo's	181 Bay St	Toronto	ON	M5J 2T3	1 (416) 306-1881
Longo's	111 Elizabeth St.	Toronto	ON	M5G 1P7	1 (416) 597-9005
Longo's	100 King St. W	Toronto	ON	M5X 1A9	1 (416) 304-1147
Longo's	15 York St.	Toronto	ON	M5J 0A3	1 (416) 366-1717
Longo's	808 York Mills Rd	Toronto	ON	M3B 1X7	1 (416) 385-3113
Longo's	9306 Bathurst St.	Vaughan	ON	L6A 4N9	1 (289) 304-9520
Longo's	5283 Rutherford Rd	Woodbridge	ON	L4H 2T2	1 (905) 850-7013
Longo's	8401 Weston Rd	Woodbridge	ON	L4L 1A6	1 (905) 850-6161
Longo's	85 Laird Dr.	Leaside	ON		
Lucie's Bakery & Deli	1474 Gordon St.	Guelph	ON	N1L 1C8	1 (519) 824-0405
Luluz Market	480 Range Lake Rd.	Yellowknife	NT		867-873-2003
MacEwan Conference & Event Centre	402 Collegiate Blvd NW	Calgary	AB	T2N 1N4	
Maestro Pasta	333 rue Heriot	Drummondville	QC	J2B1A9	1 (819) 474-9974
Maison Des Pates Fraiches	859 Rue Rachel Est	Montreal	QC	H2J1H9	1 (514) 527-5487
Market 17	2505 17th Ave. SW	Calgary	AB	3E 7V3	1 (403) 685-4410
Market On Millstream	2401C Millstream Rd.	Victoria	BC	V9B 3R5	1 (250) 391-1110
Max's Market	2299 Bloor St.	West Toronto	ON	M6S 1P1	1 (416) 766-6362
Mcewan's	38 Karl Fraser Rd.	Toronto	ON	M3C 0H7	1 (416) 444-6262

Melitsa's - Kitchener	725 Belmont Ave.	West Kitchener	ON	N2M 1P3	1 (519) 745-2121
MERIDIAN MEAT FARM MARKET	1202A 56th Street	Delta	BC		604-943-7374
Métro Plus	1230 Notre-Dame	Montreal	QC	H3C1K6	1 (514) 9384747
Mid East Food Center	1000 Belfast Rd	Ottawa	ON	K1G 4A2	1 (613) 244-2525
Miller's - Pembina	2243 Pembina Hwy	Winnipeg	MB	R3T 2H1	1 (204) 269-4442
Misto Fine Foods Importer	1387 Carling Ave	Ottawa	ON	K1Z7L6	1 (613) 798-9367
Moca Loca Aylmer	149 Rue Principale	Gatineau	QC	J9H 3M7	1 (819) 684-8622
Moi, Ma Cuisine Inc.	519 Blvd. Manseau	Joliette	QC	J6E3E3	1 (450) 394-1480
Moncion's Grocers Petawawa Mrkt	3025 Petawawa Blvd.	Petawawa	ON	K8H 1X9	1 (613) 687-5000
Morena	1038 ave. Cartier	QC	QC	G1 R 2S4	1 (418) 529-3668
Mountain Mercato	817 Main St.	Canmore	AB	T1W 2B7	1 (403) 609-6631
Mrs. B's	3350 Fairview St.	Burlington	ON	L7N 3L5	1 (905) 634-6334
Mrs. McGarrigle's Fine Food Shop	311 St. Lawrence St.	Merrickville	ON	K0G 1T0	1 (613) 269-3752
Nardini Specialty	420 Highway 8 East	Stoney Creek	ON	L8G 1G2	1 (905) 662-5758
NATURAL & EXOTIC MEATS Ltd	103 - 223 MOUNTAIN HIGHWAY	NORTH VANCOUVER	BC		(604)986-5606
Natural Life Health Market	7700 Bathurst St.	Thornhill	ON	L4J 7Y3	1 (905) 707-3350
Nesters Market	990 Seymour St.	Vancouver	BC	V6B 3L9	1 (604) 682-3071
Nesters Market	4475 Main St.	Vancouver	BC	V5V 3R2	1 (604) 709-8014
Nesters Market	333 Abbott Street	Vancouver	BC		604-688-7550
No Frills	270 Wilson Ave.	North York	ON	M3H 1S6	1 (416) 635-9566
Norshore Sales	1194 Gemmell St.	Sudbury	ON	P3A 1G5	1 (705) 524-3074
Nourish Market	143-1233 Lynn Valley Rd.	North Vancouver	BC		778-340-4030
Nutrifoods Market	1356 Sumas Way	Abbotsford	BC	V2S 8H2	1 (604) 557-1486
Nutter's Bulk & Natural Foods	3106 50 Ave	Lloydminster	AB	T9V 1H4	
Nutter's Bulk & Natural Foods	400 Main St NE	Airdrie	AB	T4B 2N1	
Nutter's Bulk & Natural Foods	900A Railway Ave	Canmore	AB	T1W 1P4	
Nutter's Bulk & Natural Foods	102 2 Avenue	Lethbridge	AB	T1H 0E3	
Ocean Village Farm Market	1421 King George Hwy	Whiterock	BC		604-531-8897
Oliva	915 rue King Ouest	Sherbrooke	QC	J1 H 1S3	1 (819) 572-0915
Olive et Papaye	1017 Boul.Thibeau	Trois-Rivières	QC	G8T 7B3	1 (819) 375-2267
Orchard Glen & Farm Market	116 Four Mile Creek Rd.	St. Davids	ON	L0S 1P0	1 (905) 262-5531
Ottawa Bagel Shop & Deli	1321 Wellington St.	Ottawa	ON	K1Y 3B6	1 (613) 722-8753
Paisley Foodland	436 Queen St. N	Paisley	ON	N0G2N0	1 (519) 353-5622
Paniers Dolce	475 Rue Willibrord	Verdun	QC	H4G2T7	1 (514) 765-9803
Papilles Épicerie Fine	448 Rue Chasles	Mont-Laurier	QC	J9 L 2V2	1 (819) 623-6069
Parma Ravioli	1314 Wellington St.	Ottawa	ON	K1Y3B2	1 (613) 722-4011

Pasta Deliziosa	148 25ième Ave.	St-Eustache	QC	J7P 2V2	1 (450) 491-2717
Pâtisserie St. Martin	2000 Boul. René-Laennec	Laval	QC	H7M 4J8	1 (450) 629-5115
Péché Originel	230 Des Forges	Trois-Rivières	QC	G9 A 2G8	1 (819) 601-2387
Pekarna	2313 rue Ste-Catherine O	Montréal	QC	H3 H 1N2	1 (514) 228-5222
Peppers Food Store	3829 Cadboro Rd	Victoria	BC		250-477-6513
Peppino	1240 Kensington Rd. NW	Calgary	AB	T2N3P7	1 (403) 283-5360
Peter Lougheed Hospital	3500 26 Ave. Northeast	Calgary	AB	T1Y 6J4	1 (403) 943-4555
Pharmasave	99 Kakulu Rd.	Kanata	ON	K2L 3C8	1 (613) 592-6955)
Pharmasave	499 Granville St.	Vancouver	BC	V6C 1T1	1 (604) 801-6991
PHARMASAVE #162	7181 WEST SAANICH ROAD	BRENTWOOD BAY	BC		250-652-1235
Pharmasave Estevan	1239 5th St.	Estevan	SK	S4A 0Z5	1 (306) 637-3802
Phil'S Valu-Mart	1551 Hwy #55	Virgil	ON	L0S 1T0	1 (905) 468-3286
Picones Specialty Fine Food Shop	34 King St. West	Dundas	ON	L9H 1T7	1 (905) 628-8642
Pier 17	4720 Sunshine Coast Hwy	Sechelt	BC	V0N 3A2	1 (604) 885-9721
Pillitteri's Estates Winery	1696 Niagara Stone Rd.	Niagra On The Lake	ON	L0S 1J0	1 (905) 468-3147
Pivik Store at Ottawa Univ.	85 University Private	Ottawa	ON	K1N 6N5	1 (613) 562-5800
Portions Distinctive Meals & More	35 Harrad Rd.	Guelph	ON	N1G 3A2	1 (519) 837-3337
Produce Depot	2446 Bank St.	Ottawa	ON	K1V 1A4	1 (613) 521-9653
Produce Depot	1855 Carling Ave.	Maitland	ON	K2A 1E4	1 (613) 722-6106
Produce Town Inc.	400 Bath Rd.	Kingston	ON	K7M 2Y3	1 (613) 542-2124
Puddicombe's Estate Farm & Winery	1468 Hwy 8	Winona	ON	L8E 5K9	1 (905) 66431015
Punch Bowl Country Market	136 Ridge Rd.	Stoney Creek	ON	L8J 2W1	1 (905) 662-1665
Pusateri's Fine Foods	1539 Ave. Rd.	Toronto	ON	M5M 3X4	1 (416) 785-9100
Pusateri's Fine Foods	57 Yorkville Ave	Toronto	ON	M5R 3V6	1 (416) 785-9100
QUALITY GREENS FARM MARKET-KELOWNA	1889 Spall Rd #101	Kelowna	BC		(250) 763-8200
Queensdale Market	3030 Lonsdale Ave.	North Vancouver	BC	V7N 3J5	1 (604) 987-6644
Quinte Global Foods	117 Mineral Rd. Unit 1	Trenton	ON	K8N 4Z5	1 (613) 771-9805
RAILWAY STATION SPECIALTY MEATS & DELI	#7-86 BAKER STREET	NELSON	BC		250-505-1116
Rainbow Foods	1487 Richmond Rd.	Ottawa	ON	K2B 6R9	1 (613) 726-9200
Ralph's Farm Market	22728 Fraser Hwy	Langley	BC	V2Z 2T8	1 (604) 532-3033
Ramaker's Imports	579 Ontario St.	St Catharines	ON	L2N 4N8	1 (905) 934-6454
Real Canadian Superstore	201 Oak Park Blvd.	Oakville	ON	L6H 7T4	1 (905) 257-9099
Remark Farms	2727 Howard Ave	London	ON	N8X 3X4	1 (519) 972-1440
Ridgetown Foodland	32 Main St E	Ridgetown	ON	N0P 2C0	1 (519) 674-5270
Rockton Berry Farm	621 Hwy #8	Rockton	ON	L0R 1X0	1 (905) 627-9720
Romano's Sply. Meats & Italian Deli	241 Sandwich St. S	Amherstberg	ON	N9V 2A3	1 (519) 736-4721

Rome's Your Independent Grocer	44 Great Northern Rd.	Sault Ste. Marie	ON	P6B 4Y5	1 (705) 253-1726
Schnurr's Grocery Store	5168 Ament Line	Linwood	ON	N0B 2A0	1 (519) 698-2370
Shoppers Drug Mart	12192 Symons Valley Rd	Calgary	BC	T3P 0A3	1 (403) 274-0844
Shoppers Meat & Deli	456 Norfolk St. S	Simcoe	ON	N3Y 2X3	1 (519) 428-0450
Simcoe Natural Foods	10 Norfolk St. S.	Simcoe	ON	N3Y 2X7	1 (519) 428-2077
Slater Street Market	427 Laurier Ave. West	Ottawa	ON	K1R 1B9	1 (613) 233-0434
Sobey's Urban Fresh	197 Front St. East	Toronto	ON		
Sobey's Urban Fresh	22 Fort York Boulevard	Toronto	ON		
Soffritto	380 Canyon Meadows Dr SE	Calgary	AB	AB T2J	1 (403) 278-2728
Souvenir City	4199 River Rd.	Niagara Falls	ON	L2E 3E7	1 (905) 357-1133
Springer's Meats Inc.	544 Parkdale Ave N	Hamilton	ON	L8H 5Y7	1 (905) 544-0782
SPUD	1660 E Hastings St.	Vancouver	BC	V5L 1S6,	1 (604) 215-7783
SPUD.CA	1660 EAST HASTINGS STREET	VANCOUVER	BC		604-215-7783
St. Joseph's Bakery	53 Facer St.	St. Catherines	ON	L2M5H7	1 (905) 937-4411
St. Joseph's Healthcare C-Store	50 Charlton Ave E	Hamilton	ON	L8N 4A6	1 (905) 522-1155
Station Mont-Tremblant S.E.C.	1000 chemin des Voyageurs	Mont-Tremblant	QC	J8 E 1T1	1 (819) 681-3000
Stewart's Town & Country Market	1024 Hwy 9	Mildmay	ON	N0G 2	1 (519) 367-2668
Stone Mill Family Market	672 Addington St.	Tamworth	ON	K0K 3G0	1 (613) 379-2440
STONG'S GROCERY	4560 DUNBAR STREET	VANCOUVER	BC		(604)266-1401
Stong's Grocery	4560 Dunbar St.	Vancouver	BC	V6S 2G6	1 (STR)266-1401
Sunterra Keynote Market	200 12 Ave SE	Calgary	AB	T2G 2H8	
Super Valu	7024 Cheam Ave.	Agassiz	BC	v0m 1a2	1 (604) 796900
Super Valu	34651 97th St.	Oliver	BC	V0H 1T0	1 (250) 498-2636
Superfresh Markets	524 Church St	Toronto	ON	M5S 1X2	1 (416) 967-9484
Swiss Gourmet Bakery	1045 Elgin N	Cambridge	ON	N1R 8J4	1 (519) 621-8866
The Apple Factory	10024 Mississauga Rd.	Brampton	ON	L7A 0B8	1 (905) 846-3715
The Basket Case	7 Mohawk Ave	Mississauga	ON	L5G 3R5	1 (905) 278-1995
The Bownesian Grocer	7948 Bowness Rd. NW	Calgary	AB	T3B0H2	1 (403) 288-2988
The Bulk Food Centre	3850 Sheppard Ave. E.	Scarborough	ON	M1T 3L4	1 (416) 412-0522
The Bun Master	209 Carleton St.	St. Catherines	ON	L2R 1S1	1 (905) 682-6848
The Cheese Truckle Inc.	4226 Drummond Rd	Niagara Falls	ON	L2E 6B9	1 (289) 477-5292
The Country Grocer	729 Ridgewood Ave	Ottawa	ON	K1V 6M8	1 (613) 731-6883
The Farmer's Market	William St.	Trenton	ON	K8V 4B8	1 (613) 392-3450
The Fun Store	106 Maple St.	Port Carling	ON	P0B 1J0	1 (705) 765-6121
The Gift Basket	1145 44th Ave. SE	Calgary	AB	T2G4X4	1 (403) 287-1505
THE HEIGHTS MARKET	4889 MACKENZIE ST	VANCOUVER	BC		604-638-0651

The Heights Mkt.	4889 Mackenzie St.	Vancouver	BC	V6L 2R7	1 (604) 638-0651
The Market	112 Queens St.	Lakefield	ON	K0L 2H0	1 (705) 652-1709
The Market On Yates	903 Yates St.	Victoria	BC	V8V 3M4	1 (250) 381-6000
THE MARKET ON YATES	903 YATES STREET	VICTORIA	BC		(250)381-6000
The Pointe	117 Mineral Rd	Pointe Au Baril	ON	P0G	1 (613) 771-9805
The Ruddy Potato	996 Dorman Rd	Bowen Island	BC	V0N 1G0	1 (604) 947-0098
The Saskatoon Farm	Hwy 2 & 338 Ave. E.	De Winton	AB	T0L 0X0	
The UPS Store	1063 King St. W	Hamilton	ON	L8S 4S3	1 (905) 528-6474
The UPS Store	35 Stone Church Rd.	Hamilton	ON	L9K1S5	1 (905) 648-8922
The Village Market	Samson Mall	Lake Louise	AB	T0L 1E0	1 (403) 522-3894
The Village Market	7A Village Dr.	Westrose	AB	T0C 2V0	1 (780) 586-3860
The Wind Mill Country Market	701 Mt. Pleasant Rd	Mt. Pleasant	ON	N0E 1K0	1 (519) 484-9955
Third Avenue Evergreen Medicine	1467 Third Ave	Prince George	BC		250-564-7147
Town & Country Cheese Shoppe	117 Queen St. E	St. Mary's	ON	N4X 1A1	1 (519) 284-4508
TRADING POST	#111-809 7TH AVE	INVERMERE	BC		250-342-2112
Trappe a Fromage La	200 rue Bellehumeur	Gatineau	QC	J9A2X1	1 (819) 243-6411
Trappe a Fromage La	114 rue St-Raymond	Gatineau	QC	J8Y1S9	1 (819) 243-6411
Ullrich's Butcher Shop	214 Pembroke St. W	Pembroke	ON	K8A 5N2	1 (613)735-6025
University of Calgary	2500 University Dr NW	Calgary	AB	T2N 1N4	1 (403) 220-5110
Upper Village Market	4580 Chateau Blvd.	Whistler	BC	V0N 1B4	1 (604) 932-0230
UPPER VILLAGE MARKET	4580 CHATEAU BOULEVARD	WHISTLER	BC		604-932-0230
URBAN FARE- YALETOWN	177 DAVIE STREET	VANCOUVER	BC		604-975-7550
Valu-Mart	345 Notre Dame St.	Belle River	ON	N0R 1	1 (519) 728-3404
Valu-Mart	125 Stewart Blvd.	Brockville	ON	K6V 4W4	1 (613) 498-0622
Valu-Mart	75 Deep River Rd.	Deep River	ON	K0J 1	1 (613) 584-3893
Valu-Mart	311 Gorham Rd.	Ridgeway	ON	L0S 1N0	1 (905) 894-5266
Vieille Europe	3855 Boul. St-Laurent	Montreal	QC	H2W1X9	1 (514) 842-5773
Webster's Beacon Honda Marina	Hwy 35 & 60	Dwight	ON	P0A 1H0	1 (705) 635-2185
West End Meat Packers	377 Olivewood Rd	Toronto	ON	M8Z 2Z8	1 (416) 239-4187
WEST VALLEY PRODUCE	1156 BUTE STREET	VANCOUVER	BC		(604)669-5612
Weston Bakery	1425 The Queensway	Etobicoke	ON	M0Z 1Y3	1 (416) 252-7323
Whole Foods Market	510 West 8Th Ave	Vancouver	BC	V5Z 1C5	1 (778) 370-4210
Whole Foods Market	925 Main St.	West Vancouver	BC	V7T 2Z3	1 (604) 678-0500
William J. Walter St-Lazare	1595 Chemin Ste-Angélique	St-Lazare	QC	J7 T 2X4	1 (450) 218-1350
William J.Walter	104 rue Principale	Aylmer, Gatineau	QC	J9 H 3M1	1 (819) 557-0626
Wright Brothers Produce	537 Ontario St.	St. Catherines	ON	L2N 4N4	1 (905) 934-0353

Yellow Barn Country Market	39809 No. 3 Rd.	Abbotsford	BC	V3G 2R6	1 (604) 823-6733
Yellowknife Co-op	321 Old Airport Rd.	Yellowknife	AB	X1A3T3	1 (867) 873-5770
Your Independent Grocery	1251 Main St.	Stittsville	ON	K2S2E5	1 (613) 831-9277
Yukon Meat & Sausage	203 Hansen St.	Whitehorse	YT	Y1A 1Y3	1 (867) 667-7583
Zarkey's	2180 Itahashi Way, Unit 1	Burlington	ON	L7M 5A5	1 (905) 319-7272
Zarkey's	264 Dundurn St. S	Hamilton	ON	L8P 4K9	1 (905) 525-6664
Zarkey's	20 Hempstead Dr.	Hamilton	ON	L8W 2E7	1 (905) 574-1500
Zehr's	Hwy 8	Goderich	ON	N7A 4C6	1 (519) 524-2229
Zehr's	160 Kortright Rd. W	Guelph	ON	N1G 4W2	1 (519) 763-7995
Zehr's	297 Eramosa Rd.	Guelph	ON	N1E 2M7	1 (519) 763-4550
Zehr's	1045 Paisley Rd.	Guelph	ON	N1K 1X6	1 (519) 826-0080
Zehr's	1005 Ottawa St. N	Kitchener	ON	N2A 1H1	1 (519) 893-7930
Zehr's	400 Manning Rd.	St. Clair Beach	ON	N8N 4Z4	1 (519) 735-3774
Zehr's	321 Toronto St. S	Uxbridge	ON	L9P 1N2	1 (905) 852-1212
Zehr's	5890 Malden Rd.	Windsor	ON	N9H 1S4	1 (519) 966-6030